



STANFORD MEDIA RELATIONS

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NO. 2 STANFORD COMPETES AT NCAA CHAMPIONSHIP

Cardinal Advance To Their Fourth Consecutive NCAA Championship

THIS WEEK: Stanford (20-3) at the NCAA Championship

WHEN: Saturday, April 15-17th

WHERE: Los Angeles, Calif. - Pauley Pavilion

WHAT: NCAA Team and Event Championships

LAST TIME IN THE NCAA CHAMPIONSHIP

April 24, 2003 - Lincoln, Neb.

Stanford finished 8th - 196.200

LIVE STATS: uclabruins.collegesports.com/sports/w-gym/spec-rel/2004-ncaa-champ-central.html

THIS WEEK: The Cardinal head to Los Angeles to compete in the NCAA Championship on April 15-17th at UCLA's Pauley Pavilion. Stanford will compete in the afternoon session of the team championships on the 15th along with Florida, Georgia, Iowa, Nebraska, and Oklahoma. Competing in the evening session will be Alabama, Arizona State, LSU, Michigan, Utah and host UCLA. The top three teams in each session will advance to the Super Six and compete for the national championship on Friday, April 16th. Individual event finals will take place on Saturday.

LIGHTS, CAMERA, ACTION: The NCAA Championships will be televised by CBS on a tape delayed basis on Saturday, May 1 from 1-3 pm (ET). Bonnie Bernstein and Amanda Borden will call the action, while Tracy Wolfson will be serving as a sideline reporter.

2004 CARDINAL SCHEDULE

DATE	EVENT/OPPONENT	LOCATION	TIME
1/9	Stanford Quadrangular	Stanford, CA	W, 3-0 - 196.200
1/18	at Arizona State	Tempe, AZ	L, 195.500-195.825
1/23	No. 6 Arizona	Stanford, CA	W, 197.300-194.625
1/30	No. 10 Washington	Stanford, CA	W, 197.400-195.475
2/8	at No. 3 UCLA	Los Angeles, CA	L, 197.975-196.425
2/13	at No. 11 Oklahoma	Norman, OK	L, 196.275-196.175
2/20	California	Stanford, CA	W, 198.875-195.750
2/27	at No. 16 Oregon State	Corvallis, OR	W, 197.850-197.175
3/6	at Maryland	College Park, MD	W, 197.775-197.375
3/20	at Pac-10 Champ.	Tucson, AZ	W, 1st - 197.900
4/3	at NCAA Reg. Champ.	Denver, CO	W, 1st - 196.575
4/15-17	at NCAA Champ.	Los Angeles, CA	TBA

Rankings current at date of competition; All-times local

2004 CARDINAL ROSTER

NAME	YR	HOMETOWN
Kendall Beck	SR	San Antonio, TX
Brittany Billmaier	FR	Woodinville, WA
Mandy Delgado	JR	Cupertino, CA
Caroline Fluhner	SR	Seattle, WA
Natalie Foley	SO	Englewood, CO
Erin Geary	FR	Honolulu, HI
Shelly Goldberg	SR	Mequon, WI
Lise Léveillé	SR	Burnaby, B.C.
Jessica Louie	SO	Loomis, CA
Marla Ranieri	JR	Kinnelon, NJ
Stacy Sprando	FR	Portland, OR
Glyn Sweets	SO	Reston, VA
Lindsay Wing	SR	Cypress, TX

A QUICK LOOK AT THE CARDINAL: The Cardinal own a 20-3 overall record ... Stanford has won the 2004 Pac-10 Championship and the NCAA North Central Region Championship. This is the first time in program history that the Cardinal have won both in the same season ... Stanford has won two Pac-10 Championships in the last four years and three overall ... Three Cardinal earned Pac-10 All-Conference (Natalie Foley, Caroline Fluhner, Lindsay Wing, while six Cardinal were named 2004 Pac-10 All-Academic (Shelly Goldberg and Caroline Fluhner – 1st Team, Lise Léveillé 2nd Team, Kendall Beck, Natalie Foley, and Lindsay Wing – HM) ... Senior All-American Lise Léveillé took home top honors in the all-around at the NCAA North Central Region.

SCOUTING THE NCAA CHAMPIONSHIP FIELD: The Cardinal have faced four teams in the 12-team NCAA Championship field in Arizona State, Iowa, Oklahoma and UCLA. The Cardinal will be competing in the afternoon session along with Florida, Georgia, Iowa, Nebraska, and Oklahoma, while Alabama, Arizona State, LSU, Michigan, UCLA and Utah will battle it out in the evening session. The top three teams in each session will advance to the Super Six finals on Friday, April 16th.

SESSION I

Team	Ranking	NCAA Regional	Place/Score
Florida	No. 8	South Central	2nd/197.050
Georgia	No. 4	Northeast	1st/197.525
Iowa	No. 20	North Central	2nd/195.725
Nebraska	No. 13	Southeast	2nd/196.375
Oklahoma	No. 15	West	1st/197.100
Stanford	No. 2	North Central	1st/196.575

SESSION II

Team	Ranking	NCAA Regional	Place/Score
Alabama	No. 3	West	2nd/196.900

2004 National Team Rankings (March 22)

#	TEAM	RQS AVE
1.	UCLA	198.055
2.	Stanford	197.645
3.	Alabama	197.625
4.	Georgia	197.620
5.	Utah	197.575
6.	BYU	197.525
7.	L.S.U.	197.400
8.	Florida	197.355
9.	Iowa State	197.210
10.	Oregon State	197.165
11.	Washington	197.010
12.	North Carolina	196.990
13.	Nebraska	196.960
14.	Denver	196.895
15.	Oklahoma	196.865
16.	Missouri	196.850
17.	Arizona State	196.830
18.	Arizona	196.785
19.	Michigan	196.750
20.	Iowa	196.730
21.	West Virginia	196.685
22.	North Carolina State	196.515
23.	Auburn	196.435
24.	Kent State	196.360
25.	Arkansas	196.235

2004 Cardinal Quick Facts

Location: Stanford, Calif.

Nickname: Cardinal

Colors: Cardinal and White

Founded: 1885

Enrollment: 13, 075 (6,556 undergraduates)

Conference: PAC-10 Conference

2003 Overall Record: 20-4-1

2003 Dual Meet Record: 5-2-1

2003 PAC-10 Finish: 2nd Place

2003 Final National Ranking: 6th

Letterwinners Returning/Lost: 10/2

All-Americans Returning/Lost: 6/0

Head Coach (alma mater): Kristen Smyth (1993, Cal)

Coach's Overall Record: 53-19-2

Coach's Record at School: same

Assistant Coaches: Larissa Fontaine, Chris Swircek

Arena (Capacity): Burnham Pavilion (1,500)

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Arizona State	No. 17	Central	2nd/196.500
LSU	No. 7	Central	1st/197.500
Michigan	No. 19	Northeast	2nd/196.375
UCLA	No. 1	Southeast	1st/197.325
Utah	No. 5	South Central	1st/197.625

STANFORD IN THE RANKINGS: The Cardinal jumped to a program-best No. 2 national ranking after scoring a 197.900 at the Pac-10 Championship ... The Cardinal are ranked in the top 20 in all four events. Stanford is ranked No. 2 on the balance beam (49.500), No. 4 on the uneven bars (49.435), No. 6 on vault (49.370) and No. 13 in the floor exercise (49.425) ... Individually, four Stanford performers are ranked among the nation's elite. Sophomore All-American **Natalie Foley** is ranked No. 8 in the all-around (39.640), tied for 14th on bars (9.920) and tied for 21st on vault (9.920). Senior All-American **Lindsay Wing** is tied for fourth on beam (9.945) and tied for 24th on bars (9.910). Senior All-American **Caroline Fluhrer** is ranked No. 24 in the all-around (39.470) and is tied for eighth on the bars (9.930), while fellow senior All-American **Lise Léveillé** is tied for 17th on the beam (9.920).

Stanford National Rankings (Final Regular Season Rankings - March 22)

Team

Event	Ranking	RQS
Overall	No. 2	197.645
Vault	No. 6	49.370
Bars	No. 4	49.435
Beam	No. 2	49.500
Floor	No. 13	49.425

Individual	Event	Ranking	RQS
Natalie Foley	All-Around	No. 8	39.640
Natalie Foley	Vault	T-No. 21	9.920
Natalie Foley	Bars	T-No. 14	9.920
Caroline Fluhrer	All-Around	No. 24	39.470
Caroline Fluhrer	Bars	T-No. 8	9.930
Lindsay Wing	Bars	T-No. 24	9.910
Lindsay Wing	Beam	No. 4	9.945
Lise Léveillé	Beam	T-No. 17	9.920

STANFORD'S UPCOMING ROTATION ORDER: The Cardinal will be competing in the traditional Olympic order on Thursday. Stanford will start the competition on vault before receiving a bye in the second rotation. The Cardinal will then move to the uneven bars in rotation three, and then to the balance beam in rotation four. Stanford will receive a bye in the fifth rotation before wrapping up the evening on the floor in the sixth rotation.

Rotation I	Vault
Rotation II	Bye
Rotation III	Uneven Bars
Rotation IV	Balance Beam
Rotation V	Bye
Rotation VI	Floor Exercise

STANFORD WINS NCAA NORTH CENTRAL REGION: The Cardinal earned their fourth consecutive trip to the NCAA Championship by capturing first place at the NCAA North Central Region this past weekend in Denver, CO. The Cardinal tallied a team score of 196.575 and captured the top three spots in the individual all-around. Stanford was led by a trio of All-Americans in seniors Lise Léveillé, Caroline Fluhrer and Lindsay Wing. Léveillé captured first place in the all-around with a score of 39.425, while Fluhrer and Wing were right behind her, finishing second and third in the all-around with scores of 39.350 and 39.250, respectively.

STANFORD WINS 2004 PAC-10 CHAMPIONSHIP: The Cardinal captured its second Pac-10 Championship in four years, edging No. 1 UCLA 197.900-197.875. The victory marks the Cardinal's third Pac-10 team championship, winning the league title in 1998 and in 2001. Stanford's score of 197.900 was the second highest in Pac-10 history. Three Stanford gymnasts were crowned Pac-10 individual event champions, highlighted by senior All-American **Lindsay Wing's** fourth consecutive conference beam title. Wing became the only four-time beam

2004 High Scores

TEAM HIGHS

Team Score

1. 198.875 - vs. Cal (2/20)
2. 197.900 - at Pac-10 Champ. (3/20)
3. 197.850 - at Oregon State (2/27)

Vault

1. 49.600 - vs. Cal (2/20)
2. 49.525 - at Maryland (3/6)
3. 49.400 - at Pac-10 Champ. (3/20)

Uneven Bars

1. 49.600 - vs. Cal (2/20)
2. 49.500 - at Maryland (3/6)
3. 49.475 - vs. Washington (1/30)
49.475 - at Pac-10 Champ. (3/20)

Balance Beam

1. 49.750 - vs. Cal (2/20)
2. 49.650 - at Pac-10 Champ. (3/20)
3. 49.625 - at Oregon State (2/27)

Floor Exercise

1. 49.925 - vs. Cal (2/20)
2. 49.475 - vs. Arizona (1/23)
49.475 - vs. Washington (1/30)

INDIVIDUAL HIGHS

All-Around

1. Natalie Foley - 39.825 (2/20)
Lindsay Wing - 39.825 (2/20)
3. Natalie Foley - 39.800 (3/20)
4. Natalie Foley - 39.725 (2/27)
5. Caroline Fluhrrer - 39.700 (2/20)

Vault

1. Natalie Foley - 10.000 (3/20)
2. Jessica Louie - 9.975 (3/6)
3. Caroline Fluhrrer - 9.950 (3/6)
Lise Léveill e - 9.950 (2/20)

Uneven Bars

1. Natalie Foley - 9.975 (2/20)
2. Natalie Foley - 9.950 (2/27, 3/20)
Caroline Fluhrrer - 9.950 (2/8, 2/20)
Lindsay Wing - 9.950 (1/30, 2/20)

Balance Beam

1. Lise L veill e - 10.000 (2/20)
Lindsay Wing - 10.000 (1/30)
2. Natalie Foley - 9.975 (2/20)
Lindsay Wing - 9.975 (2/20)

Floor Exercise

1. Caroline Fluhrrer - 10.000 (2/20)
Lise L veill e - 10.000 (2/20)
Lindsay Wing - 10.000 (2/20)

champion in Pac-10 history, earning a 9.950, tying five other performers on the night, including fellow senior All-American **Caroline Fluhrrer**. Sophomore All-American **Natalie Foley** took home top honors in the all-around with a score of 39.800. The Englewood, CO native is the first-ever Stanford women's gymnast to win the Pac-10 individual all-around title. Foley tied for first place on the vault with her first collegiate perfect 10, and tied for first on bars with a 9.950. In all, a Stanford gymnast tied for first in three of the four events. **Kristen Smyth** was later named the 2004 Pac-10 Coach of the Year, becoming just the second Stanford women's gymnastics coach to ever earn that distinction. Former Stanford Head Coach Mark Cook earned Coach of the Year honors in 2001.

THREE CARDINAL NAMED ALL-PAC-10: Three members of the No. 2 ranked Stanford University Women's gymnastics team were named to the Pac-10 All-Conference Team. Sophomore All-American Natalie Foley headlined the list of Stanford gymnasts, earning all-conference in the all-around, on the uneven bars and on the vault. Also earning all-conference were senior All-American's Caroline Fluhrrer and Lindsay Wing. Fluhrrer earned All-Pac-10 on the bars, while Wing captured all-conference on the beam. Foley was an All-Pac-10 performer in the all-around last season, while Fluhrrer earns her third career Pac-10 all-conference selection after earning All-Pac-10 in the all-around and on vault in 2001. Wing earns her third career All-Pac-10 honor on the beam and the fourth overall all-conference selection.

BEAMING WITH CONFIDENCE: Over the last four years, Stanford gymnasts have had a strangle-hold on the Pac-10 balance beam championship. Senior All-American's **Lindsay Wing**, **Lise L veill e** and **Caroline Fluhrrer** have all held the title of Pac-10 beam champion, with Wing owning that distinction for a Pac-10 record four consecutive years. Wing shared this year's beam title with five other competitors, including teammate Fluhrrer, who earned her first beam title. L veill e has captured the Pac-10 balance beam title twice, sharing top honors with Wing in 2001 and 2002, while Wing claimed last year's title.

STANFORD IN THE NCAA CHAMPIONSHIP: Stanford is advancing to its fourth consecutive NCAA Championship and its seventh overall. The Cardinal finished eighth at last year's NCAA Championship. Stanford will be looking to advance to its second Super Six in program history. The Cardinal reached their first Super Six in 2002.

Year	NCAA Regionals (Finish)	NCAA Championship (Finish)
2004	Denver, Colo. (1)	Los Angeles (?)
2003	Salt Lake City, Utah (2)	Lincoln, Neb. (8)
2002	Denver, Colo. (1)	Tuscaloosa, Ala. (6)
2001	Ann Arbor, Mich. (2)	Athens, Ga. (8)
2000	Corvallis, Ore. (3)	Boise, Idaho (N/A)
1999	Baton Rouge, La. (1)	Salt Lake City, Utah (12)
1998	Seattle, Wash. (3)	Los Angeles, Calif. (N/A)
1997	Boise, Idaho (5)	Gainesville, Fla. (N/A)
1996	Los Angeles, Calif. (3)	Tuscaloosa, Ala. (9)
1995	Corvallis, Ore. (3)	Athens, Ga. (15)
1994	Boise, Idaho (7)	Salt Lake City, Utah (22)
1993	Corvallis, Ore. (3)	Corvallis, Ore. (15)
1992	Berkeley, Calif. (4)	St. Paul, Minn. (10)
1991	Corvallis, Ore. (6)	Tuscaloosa, Ala. (N/A)
1990	Los Angeles, Calif. (5)	Corvallis, Ore. (N/A)

*** **BOLD** indicates advanced to NCAA Championships as a team
*** Records not available prior to 1990 season

CARDINAL SET NATIONAL SEASON-HIGH MARKS: The Cardinal own the highest overall national regular season dual meet score with a 198.875. Stanford shares the record with Pac-10 rival UCLA. The Cardinal set the national season-high mark on Feb. 20th when Stanford defeated Cal 198.875-195.750 in Burnham Pavilion. During that meet, the Cardinal also set national event season-highs with outstanding performances on floor (49.925) and the balance beam (49.750).

ABSOLUTE PERFECTION: Stanford senior All-American's **Caroline Fluhrrer**, **Lise L veill e** and **Lindsay Wing**, along with sophomore All-American **Natalie Foley**, have all earned perfect 10s this season. Fluhrrer earned her perfect score in the floor exercise in the Cardinal's dual meet versus Cal (2/20). The score marked the first perfect score in Fluhrrer's career and is the eighth on floor in program history. L veill e earned two perfect 10s, one on beam and one on floor, in

Cardinal Record Book

NCAA Championship Appearances

6 - Last Appearance: 2003

NCAA Super Six Appearances

2002 6th place

NCAA Champions

1998 Larissa Fontaine Vault

NCAA All-Americans

2003 Natalie Foley - AA, V, B

Caroline Fluhrer - B

Glyn Sweets - V, BB

Lindsay Wing - BB, B

2002 Kendall Beck - V

Lise Léveillé - BB, F

Lindsay Wing - BB

2001 Lise Léveillé - F

Lindsay Wing - AA, BB

2000 Jennifer Exaltacion - AA, BB

Katy Herbert - BB

1999 Larissa Fontaine - V

Sarah Harding - F

Kristin Jensen - B, F

Amy Murakami - B

1998 Larissa Fontaine - V

1997 Larissa Fontaine - V, B, F

1996 Amy Murakami - AA, BB, F

1992 Jene Elzie - AA

1982 Merilyn Chapman - BB

AA-All-Around, BB-Balance Beam, B-Uneven Bars, V-Vault

All-time perfect 10 performances

Vault

10.000 Natalie Foley 3/20/04

10.000 Kendall Beck 5/7/03

Uneven Bars

10.000 Amy Murakami(2X) Last-3/26/99

Balance Beam

10.000 Lise Léveillé 2/20/04

Lindsay Wing(2X) Last-1/30/04

Floor Exercise

10.000 Caroline Fluhrer 2/20/04

10.000 Lise Léveillé 2/20/04

10.000 Lindsay Wing 2/20/04

10.000 Larissa Fontaine 2/21/00

10.000 Amy Murakami(2X) Last-3/26/99

10.000 Sarah Harding 3/26/99

10.000 Tracey Kohl 3/12/99

TEAM RECORDS

Team Score

1. 198.875 vs. California 2/20/04

2. 197.900 at Pac-10 Champ. 3/20/04

3. 197.850 at Pac-10 Champ. 3/24/01

197.850 at Oregon State 2/27/04

Vault

1. 49.600 vs. California 2/20/04

2. 49.500 at San Jose St. 3/7/03

3. 49.525 at Maryland 3/6/04

Uneven Bars

1. 49.725 vs. California 3/26/99

2. 49.600 vs. Oklahoma 3/22/03

49.600 vs. California 2/20/04

Balance Beam

1. 49.750 vs. California 2/20/04

2. 49.650 at Pac-10 Champ. 3/20/04

2. 49.625 at Oregon State 2/27/04

Floor Exercise

1. 49.925 vs. California 2/20/04

2. 49.775 vs. California 3/26/99

3. 49.600 at Pac-10 Champ. 3/24/01

vs. Oregon St. 3/2/01

the dual meet versus Cal. Léveillé joined Wing as the only Cardinal performers to earn a perfect score on the beam and became just the seventh gymnast in Stanford history to earn a perfect score in the floor exercise. Her two perfect scores are the first two of her career. Wing is no stranger to perfect scores. Earlier this season, Wing made Stanford women's gymnastics history when she earned her second career 10 on the balance beam in a dual meet versus Washington (1/30). The Cypress, TX native became just the second Cardinal to have earned two perfect scores in any event. Wing earned her first career perfect score on floor, and her third career 10 in the dual meet versus Cal. With three career 10s, Wing trails only former Stanford standout Amy Murakami (4 perfect scores) for most perfect scores in program history. Most recently, Foley earned a perfect score on the vault at the Pac-10 Championship, becoming just the second Cardinal gymnast to earn a 10 on the vault.

ALL-AMERICANS: The Cardinal boast six All-Americans in seniors **Kendall Beck** (San Antonio, TX), **Caroline Fluhrer** (Seattle, WA), **Lise Léveillé** (Burnaby, B.C.), **Lindsay Wing** (Cypress, TX) and sophomores **Natalie Foley** (Englewood, CO) and **Glyn Sweets** (Reston, VA). Last season, Stanford garnered two first team and six second team All-American honors for a program best eight awards. Wing garnered one of the Cardinal's first team honors for her performance on the balance beam, tying for second in her session with a 9.900. She also picked up a second team award for bars, tying for fifth. For Wing, it was her fifth career All-American honors as she was a first team All-American on beam in 2001 and 2002 and a first team All-American in the all-around in 2001. Fluhrer received her first All-American status in 2003 for a fifth place tie on bars, earning second team honors, while Sweets also earned her first All-American honor, gaining second team accolades on vault and beam. Sweets tied for sixth and seventh on the events, respectively. As a freshman last season, Foley took seventh overall (fourth in Stanford's session) in the all-around with a 39.375, earning her first career first team accolades and collected second team honors for her performance on vault and bars, tying for sixth and seventh, respectively. Léveillé garnered first team All-American honors on beam and second team All-American on floor in 2002 and earned first team accolades on floor in 2001. Beck earned first team honors on the vault in 2002.

SIX CARDINAL NAMED PAC-10 ALL-ACADEMIC: Six members of the No. 2 ranked Stanford University women's gymnastics team were named to the 2004 Pac-10 All-Academic team. Seniors **Caroline Fluhrer** and **Shelly Goldberg** earned first team honors, while senior **Lise Léveillé** was named to the second team. Senior All-Americans **Kendall Beck** and **Lindsay Wing**, along with sophomore All-American **Natalie Foley** were selected All-Academic honorable mention. The six Pac-10 All-Academic selections matches the most in program history, equaling the 2003, 1999 and 1994 seasons.

FABULOUS FRESHMAN: The Stanford Cardinal welcome a talented freshman class in 2004. **Brittany Billmaier**, **Erin Geary** and **Stacy Sprando** should have an immediate impact on the team, not only this season, but for many to come. Sprando hails from Portland, Ore., where she competed for Metro Gymnastics. A former National Elite competitor, Sprando took the beam title at the 2003 National Championships, while finishing in fourth place in the all-around competition. She placed first on balance beam and in the all-around in the Regional Championships in consecutive years (2002, 2003). She also placed second on the floor exercise and on uneven bars at the 2003 regionals. Billmaier, a native of Woodinville, Wash., is a four-time Junior Olympic Nationals competitor and has earned seven regional gold medals. Competing for Gymnastics East of Bellevue, she earned a gold medal on balance beam in international competition in Santiago, Chile, in 2002. Geary is a seven-time Level-10 Junior Olympic competitor, a four-time All-American on bars and a three-time Level-10 state champion. The Honolulu, Hawaii, native also twice qualified for the Region 2 All-Star Team. Geary competed for the Hawaiian Island Twisters Gymnastics Team.

STANFORD SIGNS STANDOUT CLASS FOR 2004-05: Stanford women's gymnastics is excited to announce the signing of five outstanding student-athletes for the class of 2008. Lauren Elmore (Bloomington, IN), Stephanie Gentry (Plano, TX), Alexandra Pintchouk (Princeton, NJ), Elizabeth Tricase (Itasca, IL), and Tabitha Yim (Irvine, CA) will join the Cardinal for the 2004-05 season. Elmore is the 2003 Junior Olympic National All Around Champion, while Gentry is an International Elite gymnast and currently ranks 23rd in the US. Pintchouk is an outstanding Level 10 gymnast and has been a Junior Olympic National Qualifier for the last three years. Tricase is an International Elite gymnast and currently ranks 12th in the U.S. Yim is an International Elite gymnast and is a leading member of the USA Senior National Team. Yim, Tricase and Gentry are training for spots on the 2004 Olympic Team.